

Indo Korean Orthopaedic Foundation 인-한 정형외과 협회

ARTHROCON 2025

"ADVANCES IN SHOULDER ARTHROSCOPY AND SHOULDER ARTHROPLASTY



Save Your Dates





PROF. Y. Y. WON President IKOF

'Learn The Latest'

In collaboration with



Publishers Of The Highest Impact Journal In The Field In South Asia **Journal Of Orthopaedics**

32nd Annual Meet 2025

Date 08th JUNE 2025

Venue

GMC ORTHO FOUNDATION HOSPITAL AUDITORIUM

CH Cross Road, East Nadakavu, Kozhikode, Kerala 673001

Organized by Indo Korean Orthopaedic Foundation under the auspices of P.K.Surendran Memorial Education Foundation

www.ikof.org www.jortho.org





SURGERIES





Journal of Orthopaedics Pubmed Indexed- free for **IKOF** members

Scientific **Highlights**

- 1. Eminent faculties in the field of Shoulder Arthroscopy and Shoulder Arthroplasty.
- 2. Live Surgeries Shoulder Arthroscopy and Shoulder Arthroplasty.
- 3. Interactive session. 4. Lunchtime workshops.

CONMED

Y-Knot RC

Self Punching All-Suture Anchor System

With strong fixation and a simple, self-punching technique Y-Knot® RC anchors help overcome the trade-offs of traditional rotator cuff anchors while the NEW Hi-Fi® Tape and Hi-Fi® Suture have been shown1,2 to reduce abrasion and tendon tear-through

Y-Knot Flex

All-Suture Anchors for Instability

The Y-Knot® Flex System for labral and capsular-based repairs helps improve surgical flexibility and access with small, all-suture anchors that deliver secure fixation with









Dear Colleague,

We would like to invite you all for the 32nd Annual Meet ARTHROCON 2025, organized by the Indo Korean Orthopaedic Foundation (IKOF) and Prof. P. K. Surendran Memorial Education Foundation on 8th June 2025 at GMC Ortho Auditorium, Calicut, Kerala.

This year's theme is "ADVANCES IN SHOULDER ARTHROSCOPY AND SHOULDER ARTHROPLASTY"

We are all well aware of the fact that the volume of arthroscopic Shoulder surgeries have shown a rapid ascent in our state in the recent years. Till few years ago, all the arthroscopic cases were being referred to the nearby states. Now we are fully equipped to perform all types of arthroscopic procedures in our state. More and more young surgeons are now opting for subspecialization in arthroscopic surgery. This CME aims to keep ourselves up-to-date with the current developments and cutting edge technologies in the field of Shoulder Aarthroscopy and Shoulder Arhtroplasty surgeries. The perfect blend of theoretical and practical elements with high scientific standard makes this a not to be missed event in the calendar of orthopaedic surgeons.

We have an interesting mix of live arthroscopic surgeries, lectures on controversial topics, case discussions and hands on workshop. Eminent, Inter national & national master arthroscopic surgeons will share their wisdom of knowledge with us.



PROF. JO HAO CHIU











DR. NAMDEV

DR. NARESH GOUD





DR. SENTHIL

VELAN







SAMANTHA

DR. SWARNENDU DR. VIVEK PANDEY

Expected Facutlties

PROFESOR JO HAO CHIU DR. JAYAPRASAD DR. NAGARAJ SHETTY DR. NAMDEV

DR. SARTHAK

PATNAIK

DR. NARESH GOUD DR. ROSHAN WADE DR. SARTHAK PATNAIK DR. SENTHIL VELAN

DR. PK SINGHI DR. SWARNENDU SAMANTA DR. VIVEK PANDEY

Organisers

Secretaries

Joint

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Prof. Dr. M. K. Raveendran Prof. Dr. Gopinathan Dr. V K Rajan

Dr. Harindranath

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Dr. Raju Karuppal

Organising

Committe

Dr. Sreehari Dr. Sreeshob

Dr. Vijay Krishnan

Dr. Sreejith

ARTHROCON 2025 INTERNATIONAL SHOULDER SYMPOSIUM



ADVANCES IN SHOULDER ARTHROSCOPY AND SHOULDER ARTHROPLASTY on 08.6.2025 at 8.30AM

INSTABILITY SESSION:

LIVE SURGERY

- 1. Bankart repair pearls & pitfalls
- 2. Remplissage when and how ?
- 3. Dynamic anterior stabilization when and how ?
- Rotator interval closure when and how ?
- Open Lateriet procedure tips for success
- Arthroscopic ICBG technique

LIVE SURGERY

CUFF TEAR SESSION:

- 1. Reparability of cuff tear- what to look for ?
- 2. Transosseous cuff repair when & how?
- 3. PASTA repair transtendon vs takedown: consensus in 2025
- 4. Subscapularis repair make it less intimidating
- 5. Posterior labral tears with paralabral cysts when and how to treat?
- 6. Tendon transfers for cuff tears (LD vs LT)- when & how?
- Biceps SCR my preferred technique
- 8. Patches for cuff tear- when and how?

LIVE SURGERY

ARTHROPLASTY SESSION:

- 1. Total shoulder arthroplasty pearls & pitfalls?
- 2. Reverse shoulder for cuff tear arthropathy when & how?
- 3. Reverse shoulder arthroplasty for proximal humerus fractures- how is it different?
- 4. Stem considerations long /short/ stemless- how to select?
- 5. Base plate design which suits Indian population?
- 6. Panel Discussion

LIVE SURGERY

Hands on Workshop

Scientific Advisors

Dr. Abdulla Khaleel Dr Bimal

Dr. Faisal Igbal Dr. Faisal Kareem

Dr. Hasil Dr. Hithesh Gopalan

Dr. Jacob Mathew Dr. Jawahar Aadiraja Dr. Krishnakumar C.V.

Dr. Khvas

Dr. Kumaran CM

Dr. Mohan Kumar

Dr. Parag

Dr. Pradeep Kumar Dr. Prathap Kumar

Dr. Prem Haridas

Dr. Sameer Ali Dr. Sujith Jose Dr. Sujay Nadhan

Dr. Rijesh

Dr. Prem Kumar

Dr. Prince Shanvaskhan

Dr. Rajesh Purushothaman

Dr. Tony Kavalakkatt

Dr. Azar

Dr. Hizam Naseef E.A. Dr. Jiiulal

Dr. Krishnakumar C.M. Dr. Mohammed Faisal

Dr. Moidu Shameer Dr. Nikhil

Dr. Raashid

Dr. Rajanish Dr. Sanjay George Dr. Shameem

Dr. Shanavas K.P. Dr. Sharfudheen Mammu